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25 September 2026

Dear Parents/Carers

Welcome to the 2026-2027 academic year at **Cardinal Heenan Catholic High School**.

To help us keep all students safe and well in school, we ask that you let us know if your child has any medical condition and provide us with any up-to-date medical information.

What we need from you:

If you haven't already done so, please contact the school if your child has:

- Asthma
- Allergies (including food allergies)
- Diabetes
- Epilepsy
- Any long-term medical condition
- Any new diagnosis or change in their medical needs

If your child has a medical condition, please make sure that you send us:

- An up-to-date Healthcare Plan or Care Plan from their doctor, consultant or specialist team.
- Any updated Asthma Action Plan or Allergy Action Plan.
- Details of any changes to medication, treatment or emergency procedures.

Students with Severe Allergies

If your child has been prescribed an **Adrenaline Auto-Injector (AAI)** such as an EpiPen, they should carry **two in-date AAI**s with them at all times. Where possible, we also recommend providing a spare in-date AAI and any other allergy medication for storage at school.

Please ensure the school has:

- A copy of your child's most recent Allergy Action Plan.
- Details of any changes to their allergies or treatment.

Students with Asthma

Students with asthma should carry their **in-date reliever inhaler and spacer** with them every day. We also recommend that a spare inhaler and spacer are kept at school where possible.

Please provide:

- An up-to-date Asthma Action Plan (if available).
- Information on any changes to your child's asthma care.



Medication in School

If your child needs medication in school:

- All medication, including inhalers and EpiPens, must be clearly labelled with your child's name and prescription details.
- Medication must be in date.
- A signed consent form must be completed before school staff can administer medication.

Parents and carers are responsible for:

- Providing any medication, equipment or medical supplies their child requires.
- Replacing medication before it expires.
- Informing the school of any changes to medical needs.

Keeping Information Up to Date

Medical information can change over time. Please let us know as soon as possible if:

- Your child receives a new diagnosis.
- Medication changes.
- A new care plan is issued.
- Emergency procedures change.

Keeping us informed helps us provide the best possible support and ensures we can respond quickly and safely if your child becomes unwell during the school day.

If you have any questions or would like to discuss your child's medical needs, please contact us at:

medical@cardinalheenan.com.

Thank you for your support and co-operation.

Yours faithfully



Mrs A Powell-Wiffen
SENCO and Assistant Headteacher