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Website: www.cardinalheenan.com

Headteacher: Mr D Kelly BA (Hons) NPQH



Thursday 11th December 2025

Dear Parent/Carer,

Relationships, Sex and Health Education Curriculum and Policy

Each year we review our Relationships, Sex and Health Education (RSHE) Curriculum and Policy, so we can be sure our RSHE provision is appropriate for our pupils based on their:

- Age
- Physical and emotional maturity
- Religious and cultural backgrounds
- Special educational needs and/or disabilities (SEND)

The RSHE Policy and Curriculum can be found on our website using this link.

<https://www.cardinalheenan.com/wp-content/uploads/2025/12/RSHE-Policy.pdf>

The policy details the full curriculum map with where content is taught from Year 7 to Year 11. It also details the following information to provide all stakeholders with further information about our school's approach to RSHE:

- Aims
- Statutory requirements
- Policy development
- Definition
- Curriculum
- Delivery of RSHE
- Use of external organisations and materials
- Roles and responsibilities
- Parents' right to withdraw
- Training
- Monitoring arrangements
- Relationship to other policies

If you would like to provide feedback, we advise that this is in the form of an email to

info@cardinalheenan.com. In order to efficiently share this feedback with the Senior Leadership Team and Governors we would like feedback to be received by 5th January 2026. Any requests for further information regarding example resources or content should also be sent to this email address.

Yours sincerely,

Mr J Tunnecliff

Associate assistant headteacher

