



# VERITAS

## NEWSLETTER

### A message from the Headteacher

I am so proud of everything our school community has achieved during a relatively short half term. Year 8 and Year 9 students engaged brilliantly with the options process; our sporting teams continue to excel and our extra-curricular offering is increasingly varied and well attended. Following on from their options evening and options fair, every student in Year 9 has had a meeting with a member of the Senior Leadership Team to discuss their progress and to ensure that the options process supports them to become the person God calls them to be. During the first two weeks of this half term, our Year 11 students undertook their mock examinations and demonstrated their commitment to their education through their independent study over the Christmas break and the way in which they conducted themselves throughout the process. Following on from this, after half term, all Year 11 students will meet with members of the Senior Leadership Team to set targets and support them as they prepare for the forthcoming examinations in the summer and their progression into Post-16 education.

Last week we celebrated Children's Mental Health Week in school and this year's theme, "This is my Place" complemented our Culture Week celebrations with students being given the opportunity to celebrate their own unique identity and the way in which diversity is our strength. The week also provides vital signposting to support from charities and other organisations aimed at promoting positive mental health. As a school community, we understand that it is only when our students and staff are happy, healthy and feel safe that they can realise their full potential and become the people God calls them to be and we are committed to providing the support that our community needs.

Students continue to strive to get the most out of life at school. This half term, drama students have been preparing Shakespearean monologues as part of a national competition, our Common Good Schools project has engaged record numbers of students. Pupils have represented school in a wide variety of sports fixtures this half term, as well as debating, public speaking and maths competitions. Students have explored potential future careers, with different groups of Year 11 students visiting the Apprenticeship Fair at Leeds Arena and Worcester College, Oxford to explore options for employment or further study. Additionally, our Year 11 students showcased their unique talents and interests through their interviews with Notre Dame Catholic College. Last weekend, a group of Year 8 students enjoyed a trip to London with a focus on creativity and computing, while a group of Year 10 students departed for Spain early yesterday morning. Thank you to all staff who give up their time and effort to offer these opportunities to our students.

After half term, our Faith in Action group will be planning a range of Lenten fundraising activities to support the Good Shepherd Appeal. This is one of the "best traditions we have inherited", as our school becomes a hive of activity with students planning imaginative ways to fundraise for this important charity. Thank you in advance for your support with this.

In the meantime, I would like to wish you and your families a peaceful and happy half term break. A reminder that Wednesday is Ash Wednesday, please check your Parish bulletins for details of services

God Bless

**Mr Kelly, Headteacher**

# LIVING OUR MISSION THROUGH....

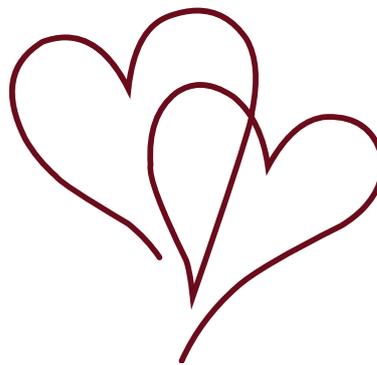
## CHAPLAINCY

### FAITH IN ACTION

The Faith in Action group have been fundraising to support Candlelighters. This has been linked to events in the calendar during this half term.

They started the year selling gift wrapped Scottish shortbread to celebrate Burns Night and have spent the past two weeks delivering chocolate hearts to celebrate love and friendship in the run up to Valentine's Day.

They have also created and sold treats reflecting their culture, as part of our Culture Week celebrations.



### PRAYER INTENTIONS

Whenever we celebrate Mass in school, we offer up intentions on behalf of our entire school community. If you would like us to pray for a particular intention, please scan the QR code or click [here](#) to complete the online form.

### LENTEN FUNDRAISING

After half term, year groups will be challenged to raise as much money as possible to support the Good Shepherd Appeal as part of our annual Lenten fundraising efforts. Look out for events advertised in Daily Notices and on social media and remember to bring donations (ideally coins) to get involved. Check out the pictures of last year's fundraisers which included bake sales, quizzes, sports tournaments and talent shows - we are looking forward to seeing how students take on the challenge this year.



# LIVING OUR MISSION THROUGH....

## PRAYING TOGETHER HOLOCAUST MEMORIAL DAY

All students commemorated Holocaust Memorial Day on Tuesday 27 January with prayers and reflections in their tutor groups. This year's theme was 'Bridging Generations' and students reflected on their role in remembering the past and empowering future generations to stand up against injustice, following the principles of Catholic Social Teaching.



#HolocaustMemorialDay  
27 January

## CHILDREN'S MENTAL HEALTH WEEK



We marked Children's Mental Health Week through a series of assemblies celebrating our community and launching opportunities for students to take on leadership roles in helping others to feel a sense of belonging in school. The week also coincided with our Culture Week in school, where students had the chance to celebrate their individuality and the different aspects of identity which make us strong as a diverse community.



You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love. For the entire law is fulfilled in keeping this one command: "Love your neighbour as yourself."

## YEAR 7 AND 10 CLASS MASSES

All students in Year 7 and 10 have celebrated mass this half term with their tutor group or RE class. Thank you to Fr Yemane for joining us to celebrate mass. In mass, students reflected on their place in our school community and the ways in which they can make a positive contribution to our wider community.

Galatians 5:13-14



## COLLECTIVE WORSHIP

This half term, collective worship has been planned by 7RRN who considered ways we can all share our unique talents and gifts to improve our community, 7LSA, who prayed for all those suffering in conflicts around the world and reflected on the ways we can show solidarity with them and 8EMY, who inspired us with their prayers for world leaders to demonstrate the courage and wisdom to lead with conviction.

# LIVING OUR MISSION THROUGH....

## CAREERS GUIDANCE

### NOTRE DAME INTERVIEWS

Year 11 students who have applied to study at Notre Dame Catholic Sixth Form College attended interviews in school in January. Notre Dame staff spent an afternoon in school talking to our students about their next steps and giving them the opportunity to showcase their unique skills and talents. Thank you to the Notre Dame staff who visited and supported our students in preparing for their next steps.



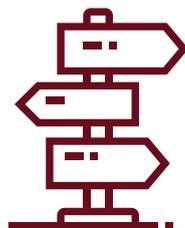
### OPTIONS EVENTS

It was fantastic to welcome our Year 8 and 9 students and their families to their options evenings in school. During this term, our Year 9 students make their KS4 option choices - deciding which subjects they will continue to study through to the end of their time at Cardinal Heenan. Our Year 8 students, meanwhile, have their first opportunity to make informed choices about their curriculum, selecting the subjects they wish to pursue in more depth - this may be new subjects they wish to understand a bit more about or familiar subjects where they are keen to understand the KS4 options before they commit fully in Year 10.

One of the most exciting parts of this process is the Options Fair. Here, all students are given the opportunity to hear from their older peers (who have chosen to study or continue the subject) what the course entails. The options fairs provide an interesting insight for students in a more relaxed environment - learning more about each subject from students who have made similar choices over the past few years.



This was supported by an information evening for students and their families, in which curriculum leaders shared information about the course of study and assessment pathways for their subjects. To ensure our young people are fully supported in understanding the implications of their decisions, all students in Year 9 have an individual guidance meeting with a member of the Senior Leadership Team. These meetings provided an opportunity to talk about their choices, considering both their love of each subject and the way in which options choices may inform students' plans for future study or employment.



### APPRENTICESHIP FAIR

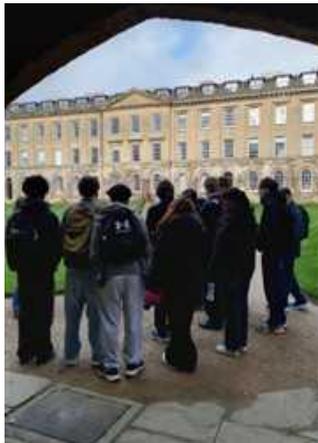
A group of Year 11 students attended the apprenticeship fair at Leeds Arena this week. They met with future employers and training providers from every apprenticeship sector, including accounting, business and administration, catering and hospitality, construction, creative design, digital, education, engineering, finance, hair and beauty, health, law and many more.

# PREPARING FOR EXCELLENCE

## WORCESTER COLLEGE, OXFORD

In January, a group of Year 11 students travelled to Worcester College, Oxford, for our annual visit as part of our Preparing for Excellence scheme. On the day, they enjoyed tours of the college and its grounds followed by Q&A sessions with undergraduate student ambassadors about their experiences of living and studying at Oxford. One student, Rosie, commented that the tour of the college was her personal favourite part of the day, as “the college and grounds were visually beautiful.”

They then had a presentation from the college’s Senior Admissions and Outreach Officer, who spoke to them about the wide range of courses available as well as financial support and extra-curricular societies at Oxford. They were encouraged to ask questions and share their talents on the day and grasp all of the opportunities available to them at school and beyond. As always, a key theme of the visit was enthusiasm and love of learning, with students strongly encouraged to choose to follow their passions and choose subjects which reflect their own unique talents and interests. This links closely with our mission statement as we inspire excellence through empowering students to become the people God has called them to be.



Following lunch in the college’s beautiful Georgian dining hall, students enjoyed their choice of 2 guided tours of the city - focussed on Oxford as the inspiration for a range of film, television and literary works or Oxford’s historic architecture. One highlight of the literary tour was the door knocker and other carvings found in St Mary’s Passage between Brasenose College and the University Church of St Mary the Virgin, which is believed to have inspired C.S. Lewis to create the character of Aslan in The Chronicles of Narnia with the story of Hartford Bridge, also known as The Bridge of Sighs owing to its similarity to the Venetian landmark, was a particular favourite element of the architecture tour.

Thank you to Worcester College for hosting us and giving our students such valuable insights into the options available to them for further study at Oxford and beyond. The continuing impact of this ‘best tradition’ can clearly be seen in the fact that two previous participants in the Preparing for Excellence programme have recently received offers to study at Oxbridge colleges next year. We hope that this year’s students will be inspired by their success.



## COMPUTING TRIP TO LONDON

In January, 54 students and 5 teachers travelled to London for a trip combining computing and commerce with a hint of Harry Potter magic.

They set off from school early on Friday morning, arriving at The Making of Harry Potter studios at lunchtime. There, they participated in a workshop exploring the wide range of roles and skills required to produce a film or television show. As part of the workshop, students learnt about the process of creating a film from idea to screen with a focus on the Harry Potter film franchise. They explored set design, props, special effects and filming locations as well as camera work and sound recording. They then had the chance to explore the Harry Potter studios, where they could catch the Hogwarts Express, try a butterbeer and ride on a broomstick.



As they continued into central London, students enjoyed a guided bus tour from 'Hartwell's Tours', with Mr Hartwell entertaining everyone with fun facts about London and the landmarks we passed. On Saturday morning, the group continued their tour with a walking tour of the City of London where they found out more about the financial institutions which are housed there, including the Bank of England and the London Stock Exchange, and the history of the city from its Roman origins as 'Londinium' to its present role as a centre of commerce and trade.



After this, they explored the Natural History Museum where they learnt more about dinosaurs and mammals and were inspired to be good stewards of our shared home by the 'Fixing Our Broken Planet' exhibition, which showed the impact of human behaviour on the earth and its resources and explored ways in which we can reduce our negative impact on the planet. They then had some time to explore Trafalgar Square and Leicester Square before going to the Lyceum Theatre to enjoy the evening performance of The Lion King. Students were impressed by the music, drama and puppetry in the show.



On Sunday, the group visited Bletchley Park on their way back to Leeds, where they found out about the amazing code breaking work that happened there during the Second World War, and saw historical artefacts including the Turing-Welchman Bombe (which was used to decipher Enigma encoded messages during the war) and Colossus (the world's first large-scale, electronic, digital, programmable computer which was used to decipher high level Lorenz ciphers). They also explored an exhibit on the future of Artificial Intelligence and tested their ability to distinguish between genuine images and those generated by AI, as well as programming AI to recreate their own voices. All students represented our school with pride throughout the trip and were commended by guides and members of the public for their excellent behaviour and keen interest in the places they visited. Well done everyone!

## LIVING OUR MISSION THROUGH....

### COMMUNITY ACTION

### COMMON GOOD INFLUENCERS

#### **THIS HALF TERM'S COMMON GOOD UPDATE WAS WRITTEN BY NIAMH, A COMMON GOOD INFLUENCER IN YEAR 9.**

This half term, we have had many teachers and students approaching us to support with projects such as our clothes collection for refugees being supported through the Horsforth Town of Sanctuary scheme. This is for unwanted clothes in good condition (joggers, jumpers, trainers etc) to support those who have arrived in Leeds with only the clothes they are wearing, which are often wet, dirty or ruined. With refugees often unable to work or learn English until they have been in Leeds for 5 months or more, any donations can make a real difference to their lives. This project is being supported by Mrs Dwyer and we are currently asking Year 8 students to focus their efforts on this project. Please bring any donations into school and give to your form tutor, Mrs Dwyer, Miss Goode or any Common Good Influencers.

We are also relaunching our gardening club with the aim of creating produce which can be used in food technology lessons and to provide food for our community events in school. We are also hoping to include some floral decoration to brighten our playground and field with new colours.

Another project focussed on improving our outdoor environment is a project pitched by a group of Year 7 students to Mr Richmond - bug hotels! These are a great way to support biodiversity and help our bug community. The bug hotels will be made in our technology department and will be placed around the school grounds to provide safe places for a range of insects.

Our other projects, including visits to Brandon House and Pennyfield School, are ongoing and we continue to work with Leeds Irish Health and Homes on afternoon tea and other events for vulnerable people in our local community. Any staff or students who have suggestions about ways in which we can support our local community should speak to Miss Goode or any of our Common Good Influencers. We would also be keen to hear from local community and faith groups about projects to support - please email [newsletter@cardinalheenan.com](mailto:newsletter@cardinalheenan.com) with information.

### DUKE OF EDINBURGH

Our group of Duke of Edinburgh students have been working hard towards the volunteering section of the Bronze Award. In school, students are supporting younger students in sports clubs, homework club and the school library. They are also volunteering in their parishes and in our feeder primary schools with sports and after school clubs. We are also very lucky to have two Year 10 students volunteering as Duke of Edinburgh Young Leaders, supporting Year 9 students through their Bronze Award.

As well as supporting in the after school expedition sessions, organising fundraising opportunities and supporting students with eDofE; Luke and Ericka are also working towards an accredited qualification aimed at encouraging more young people to take an active role in volunteering.



## LIVING OUR MISSION THROUGH.... CULTURE WEEK

In the final week of this half term, we celebrated our annual Culture Week in school. Students in all year groups enjoyed assemblies which had been prepared by students and featured traditional music and dancing from Ireland and the Philippines along with presentations from students about their favourite aspects of the unique cultures of DR Congo, Iran, Zimbabwe, Japan, Poland and Ghana. Students then led prayers in their own languages, with different countries represented across the week. It was fantastic to see students sharing their individuality with our school community. The assembly ended with a powerful message from Pope Francis that, "the diversity of our cultural and religious identity is a gift from God" and students were invited to celebrate this diversity by getting involved in events throughout the week.



All week, students have engaged in celebrations of the diversity in our school community through lessons, activities in tutor time and extra-curricular activities. In PE lessons, students had the opportunity to learn different sports from around the world, while all students took part in quizzes during tutor time, as well as creating posters celebrating the unique combination of cultural identities in their form groups. Each lunchtime, the prefect team hosted a variety of events ranging from 'Mapping Our Culture' with students plotting the regions where their families live or were born on a world map displayed in the foyer. Today, students enjoyed an Afrobeats performance in the hall with students performing traditional music and dance from different countries including Nigeria, Zimbabwe, Ghana, DR Congo, Uganda, Eritrea and South Africa.



The week culminated in a non-uniform day, when students were encouraged to wear traditional dress or clothes/colours representing one or more aspects of their own unique heritage.

Thank you to all students and staff involved with organising this special event in our school calendar. This was an excellent way to "build on the best traditions we have inherited" by developing an event pioneered by our head students and prefects of the Class of 2024 which has continued to grow over the past 3 years.

# LIVING OUR MISSION THROUGH....

## FINDING OUR VOICE

### DEBATING

Our debating society meet every Thursday to discuss a wide variety of contemporary issues. This term, alongside preparing to take part in local and national debating and public speaking competitions, they have discussed the role of the arts in society, the future of the UN and the use of technology in schools. They have developed their public speaking and reasoning skills as well as learning how to construct a convincing argument using a range of powerful rhetorical features.

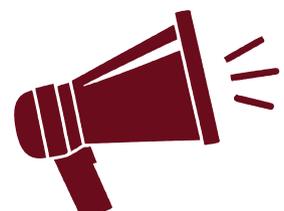
### ETHICS CUP

A team of Year 10 students competed against Year 10-13 students from a number of schools and colleges across Leeds in the Ethics Cup competition at the University of Leeds. As well as engaging in ethical discussion on a range of contemporary issues chosen from a set of cases which students had studied; the team also enjoyed a campus tour and lunch in the university refectory. Although we did not progress to the semi finals, we enjoyed a fantastic day of debate and ethical discussion.



### LEEDS SALON

In January, we entered a team of Year 10 students in the Leeds Salon debating competition. They gave a good account of themselves in debates on mobile phone use in schools and the role of social media companies and governments in challenging misinformation online.



# LIVING OUR MISSION THROUGH....

## LIVING THE VIRTUES

Our virtue in focus for this half term is FAITH



### Definition:

Faith is to trust. Faith helps us grow in friendship with Jesus and his friendship helps us become the best we can be by becoming more like him. Growing in friendship with Jesus means learning to trust him and knowing that he is always with us. Faith is always open to new things because if you have faith you are a trusting person.

A person of faith believes in God and all that God has done. But faith is not simply a belief that something is true, it is a way of living. We are called not only to keep the faith but to live a faithful life filled with hope and love.

The winners of the tutor group virtues prizes for this half term are:

Year 7	Year 8	Year 9	Year 10	Year 11
Nicolas	Marisa	Precious	Jethro	Noah
Jonathan	Alessandro	Sam	Michelle	Luke
Anna	Thomas	Oonagh	Victor	Setty
Jayden	Evie	Joel	Yzabelle	Hanna
Adam	Malachy	Audrey	Gabriel	Niamh
Jasmin	Adel		Jazara	Kani
			Jakub	Josh

Students have demonstrated and shared their faith this half term through their involvement in our Faith in Action and Common Good Schools projects. Students have planned and led collective worship in assemblies and tutor groups, most notably through our Culture Week celebrations. Our Year 11 students developed their faith through their hard work during the mock examination period and the actions they have taken after mocks based on feedback from staff. They have shown their faith through hard work and the knowledge that they are using the talents to become the people God calls them to be.

**“TRUST IN THE LORD WITH ALL YOUR HEART, AND DO NOT LEAN ON YOUR OWN UNDERSTANDING. IN ALL YOUR WAYS ACKNOWLEDGE HIM, AND HE WILL MAKE STRAIGHT YOUR PATHS.”**

**PROVERBS 3: 5-6**

# LIVING OUR MISSION THROUGH.... PARTICIPATION IN SPORT

## GIRLS FOOTBALL

Girls' football continues to thrive at Cardinal Heenan, with both the Under-13 and Under-15 teams securing the County Cup for the second consecutive season - a remarkable achievement that highlights the teams' sustained success and growing depth of talent. We have also enjoyed success on the national stage, fielding strong teams in the ESFA National Cup across both age groups. The Under-13 side has progressed to the quarter-finals of the competition, placing them among the top eight school teams in the country from a field of more than 400 entries - an outstanding accomplishment.



Their journey to the last eight has featured a series of impressive performances, including comprehensive victories over John Smeaton Academy (6-1) and Harrogate Grammar School (4-2), alongside high-scoring wins against Crofton Academy, Wakefield (4-2) and Kirk Balk Academy, Barnsley (4-2). As the competition has intensified, the team has shown impressive resilience and character, coming from behind in their two most recent fixtures to secure dramatic 3-2 victories over English Martyrs, Hartlepool and St Joseph's, Newcastle.

With several students currently representing Sheffield United Women's Academy and Leeds Schools, the continued success of both teams underlines the vital role that school sport plays in providing meaningful development opportunities for young players.

## STUDENT HALF TERM REPORTS Y8 GIRLS FROM SOPHIA

The Year 8 girls football team this year is going great, being in the last 8 in the country out of 400 teams! Winning our fifth round match against English Martyrs School, our confidence rose as we awaited our next match ready to be the winning team! It wasn't easy and the opposition gave us a strong challenge with their skilful strikers and walls of defence. However, our team took their chances up front, sliding past their defence to score. Our defence also protected their goal at all costs and our pacey wingers were ready to back the team up anytime. As we entered the sixth round, we knew a win against a strong side from Newcastle would put us into the last 8. We went into the match determined and strong, but the first half was a struggle and we went in at half time with the game in the balance at 1-1. We went into the second half with mixed feelings but that quickly changed as we got the next goal from our top goal scorer, Georgia. From there, we switched on and battled through the last 20 minutes to the end of the match, going away 3-2 winners and securing our place in the quarter finals. This year so far has been one of our best and we hope to bring the trophy home, but only the final 3 games will determine that....

## Y10 GIRLS FROM JANE

Congratulations to the Cardinal Heenan U15 Girls on their fantastic 5-3 victory over North Halifax School in the County Cup final, showing incredible teamwork, determination, and quality throughout the match. A special shoutout to Lola Dudley, who was deservedly named Player of the Match for her outstanding performance and impact on the game. The team have also had an amazing few months, reaching the Round of 16 in the National Cup and competing strongly before their 5-2 defeat to Huddersfield School just before the semi-finals — a brilliant achievement that highlights how well the girls have done this season.



## NETBALL

### MATCH REPORTS FROM NIAMH, YEAR 9

#### YEAR 11 CARDINAL HEENAN VS ABBEY GRANGE

The game started with strong sides from both schools. Abbey Grange were very fast, moving quickly down the court towards their two tall shooters. However, Honor from CHCHS was able to hold some tricky one-leg balances after interceptions. Cardies started the second quarter with the first centre pass but Abbey made a great interception and scored a turn over goal. However, Cardies pulled it back with some clean shots from Tilly. We communicated well and managed to convert a great interception from Anna into a shot. As the pressure increased, the game improved with fast 'play and pass' movements. With half the game done, both teams had a quick team talk and Cardies had to call in reinforcements following an unexpected injury to our goalkeeper which forced a shift in our defensive positions. Abbey's attack was stronger than ever thanks to their well-drilled, direct passing. Going into the final quarter, Abbey had some great tip offs but Cardies had a great passing pattern building from defence to attack. After the final whistle, both teams shook hands and chose their player of the match, which for Cardies was Tilly. At the end of a fast, interesting game, the final score was 15-6 to Abbey Grange.

#### YEAR 9 CARDINAL HEENAN VS ABBEY GRANGE

The match opened at a swift pace, with both teams showing just how evenly matched they were. From the first centre pass, the contest was tight and intensely competitive with quick ball movements, sharp defensive pressure and confident shooting at both ends. We battled well in centre court throughout the game with a rotation of Grace, Olivia, Loretta and Niamh from Cardies. Neither side were willing to give an inch, especially in defence thanks to a great far lean from Cardies' goalkeeper Grace B. As the game progressed, the intensity increased. Mid-court battles were fierce with every turnover hard-earned and every possession hotly contested. At the end of the first and second quarters, the teams were only divided by a single point. Following their final team talks, both sides continued to push for turnovers, passes and interceptions. With accurate transitions down the court, Catherine from Cardies managed a few tips here and there from the edge of the D to our wingers Taliah, Alice and Jess. By the time the final whistle sounded, one team had doubled the point difference. But which one? Cardinal Heenan - with a score of 8-4 and player of the match Niamh.

## CROSS COUNTRY

Despite the awful weather this half term, cross country club has been well attended on Thursdays after school. We were also well represented across all age ranges in the third Leeds Schools League meet at Prince Henry's in January, with Oscar finishing in third place and the Year 9-10 boys and girls teams both coming top in their age category, with the girls currently sitting top of their league overall.



## AMERICAN FOOTBALL

Our American (flag) Football club has now been expanded to include boys and girls from Year 7-9. Students should go along to training on Mondays after school with PE kit. Training takes place on the MUGA. We are hoping to participate in games and tournaments in the coming months. Please speak to Mrs Swinnerton or Freddie (Year 9) for more information.



## RUGBY

We have launched a new rugby club after school, open to boys and girls from all year groups. Students can go along on Thursdays after school with PE kit (and rugby boots if you have them) or see Miss Robinson or Mr Skingle for more information.

## INDIVIDUAL SPORTING SUCCESS

- James (Year 10) represents West Yorkshire and England at pool (more information below).
- Year 11 students Aiden (Burnley), Luke (Doncaster Rovers) and Kishan (Barnsley) will all play Under 18s football next season.
- Former student, Rhys Chadwick, has signed a professional contract with Leeds United in a deal which will keep him at Elland Road until the end of the 2026-27 season.
- Amelia (Year 9) represents Team GB in trampolining.
- Year 8 students Grace and Alana (Under 13s) and Year 9 students Niamh and Grace (Under 15s) represent us in the Leeds District netball squad.

We are always delighted to hear about our students' sporting successes outside of school. If you have any sports news stories about current or former pupils, please email them to [newsletter@cardinalheenan.com](mailto:newsletter@cardinalheenan.com) and we will share them with our school community.

## INDIVIDUAL SUCCESS - JAMES (YEAR 10)

### POOL

It's been an outstanding period for me on both the international and domestic pool circuit this year, proudly representing West Yorkshire and England.

From 27 August to 5 September, I travelled to County Clare, Ireland, to compete in the World Championships under the International Rules format. Competing against top players from around the world, our England team reached the quarter-finals in the team event. Individually, I had a strong tournament, reaching the Last 16 in the Singles and the Quarter-Finals of the Masters, showing consistency at the highest level.

I returned to County Clare later in the year for the European Championships, held from 9-16 November, this time played under the Blackball ruleset. The England team progressed to the semi-finals, where we narrowly lost to Malta. On a personal level, I reached the Semi-Finals of the Singles and the Quarter-Finals of the Doubles, further proving my adaptability across different rule sets.

Looking ahead, this year is shaping up to be another exciting one. I have been selected to represent England at the European Championships in Cyprus from 20-28 February, where I will compete in both the Team and Singles events under International Rules.

At county level, success has continued. Representing West Yorkshire, we won our region, qualifying for the County Finals from 18-23 March, where we'll be aiming to go all the way and get our hands on the National Trophy.

**LIVING OUR MISSION THROUGH....**

**EXPLORING SUBJECTS IN MORE DEPTH**

**SCIENTIA EST VITA**

The Science Magazine Club is pleased to present an icy-cold Issue of Scientia Est Vita! With the sporadic cold weather we've been having, what a perfect time to peruse our latest issue to find out more about why weather forecasters get their predictions wrong and why ice is slippery. Dr Castelino is really proud of the (often loud) enthusiasm of the Club. Check it out here - <https://www.cardinalheenan.com/wider-curriculum/science-magazine-scientia-est-vita/>

