

**WEEK
ONE**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION

#1

OPTION

#2

**ON THE
SIDE**

**DESSERT OF
THE DAY**

**BUTTERNUT
MAC & CHEESE**
With Crunchy
Croutons

BEEF CHILLI
with Rice and
Sour Cream



**PORK OR
CHICKEN
SAUSAGE**
Roast Potatoes
and Gravy


**CHICKEN TIKKA
MASALA**
With 50/50 Rice

**BREADED
FISH**
with Chips &
Garden Peas

**QUORN &
VEGETABLE
CHOW MEIN**

**FALAFEL
WRAPS**
with Couscous
and Mint & Yoghurt
Dip



**VEGAN
SAUSAGE**
With Roast
Potatoes and
Gravy




**SWEET
POTATO &
CHICKPEA CURRY**
with 50/50 Rice



**CHEESE & LEEK
FRITTATA**
with Chips and
Garden Peas

Vegetables of the
Day

Vegetables of the
Day

Vegetables of the
Day

Vegetables of the
Day

Vegetables of the
Day

**PINEAPPLE UPSIDE
DOWN CAKE**

**CHOCOLATE
CRUNCH CAKE**


**STICKY TOFFEE
APPLE CRUMBLE**
With Custard

**WARMED JAMAICAN
GINGER CAKE**
with Ice Cream or
Custard

**ICED SPONGE
CAKE**

ALSO AVAILABLE!

**SOUP OF THE DAY
FILLED JACKET POTATOES**

CHECK OUT...

**OUR HOT AND COLD
GRAB & GO SELECTION**

MENU KEY



**ADDED PLANT
PROTEIN**

VEGAN OPTION
 **SOURCE OF
WHOLEMEAL**



ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU
HAVE AN ALLERGY AND NEED TO KNOW WHAT'S
INSIDE OUR FOOD DISHES. THEY WILL ADVISE
YOU OF YOUR AVAILABLE CHOICES.

caterlink
feeding the imagination

WEEK
TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION
#1

OPTION
#2

ON THE
SIDE

DESSERT OF
THE DAY

CHEESE AND
TOMATO
QUICHE

With Potato
Wedges



BEEF LASAGNE
with Garlic Bread
and Salad



CREAMY
CHICKEN AND
BROCCOLI PIE
with New Potatoes



JERK CHICKEN
with Rice and
Peas and
Pineapple Slaw

FISH IN
BATTER
with Chips

CRUNCHY
LENTIL PASTA
BAKE

with Roasted
Vegetables

CHICKPEA AND
APRICOT
TAGINE

With Couscous



LEEK, ONION &
POTATO
TRAY BAKE

CURRIED SQUASH
& BUTTERBEAN
STEW

with Rice and Peas
& Slaw



VEGAN
BURGER
with Chips



Vegetables of the
Day

Vegetables of the
Day

Vegetables of the
Day

Vegetables of the
Day

Vegetables of the
Day

CHOCOLATE
SPONGE PUDDING

APPLE PIE
With Cream

PEAR & CHOC
CRUMBLE With
Custard



JAM & COCONUT
SPONGE

OATY FLAPJACK



ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT...

OUR HOT AND COLD
GRAB & GO SELECTION

MENU KEY



ADDED PLANT
PROTEIN

VEGAN OPTION



SOURCE OF
WHOLEMEAL



ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU
HAVE AN ALLERGY AND NEED TO KNOW WHAT'S
INSIDE OUR FOOD DISHES. THEY WILL ADVISE
YOU OF YOUR AVAILABLE CHOICES.

caterlink
feeding the imagination

WEEK THREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION

#1

OPTION

#2

ON THE SIDE

DESSERT OF THE DAY

**CHEESY CHILLI
CHICKEN
PASTA**

**CHICKEN
SOUVLAKI**
with Golden Rice
or Seasoned
Potatoes

**ROAST OF
THE DAY**
New Potatoes &
Gravy

ENCHILADAS
Pork, Beef or
Chicken (*choose
one*) with 50/50
Rice

**CHIP SHOP
FISH / SAUSAGE**
with Chips, Mushy
Peas and Gravy/
Curry Sauce

**SPAGHETTI &
PLANT BASED
MEATBALLS**

**SPINACH &
CHEESE WHIRL**
Golden Rice or
Seasoned Potatoes

**LENTIL
WELLINGTON**
with New Potatoes
& Gravy

**MEXICAN
SOYA CHILLI**
with 50/50 Rice
and Sour Cream

**VEGAN
SAUSAGE**
Chips, Mushy Peas
& Gravy/
Curry Sauce

Vegetables of the
Day

Vegetables of the
Day

Vegetables of the
Day

Vegetables of the
Day

Vegetables of the
Day

**CHOC ORANGE
COOKIE**

**SUMMER FRUIT
CRUMBLE**
With Custard

FRUIT MUFFINS

PEACH CAKE
With Custard

**CHOCOLATE
BROWNIE**

ALSO AVAILABLE!

**SOUP OF THE DAY
FILLED JACKET POTATOES**

CHECK OUT...

**OUR HOT AND COLD
GRAB & GO SELECTION**

MENU KEY



ADDED PLANT
PROTEIN

VEGAN OPTION

SOURCE OF
WHOLEMEAL

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU
HAVE AN ALLERGY AND NEED TO KNOW WHAT'S
INSIDE OUR FOOD DISHES. THEY WILL ADVISE
YOU OF YOUR AVAILABLE CHOICES.